

Necessary Items for Newborn		
	Item	Remarks
Clothes & accessories	<input type="checkbox"/> 5 rompers (short sleeve)	
	<input type="checkbox"/> 3 pyjamas (long sleeve and long pants)	Long sleeve and pants recommended if baby is sleeping in air-con room. Otherwise can just swaddle over short sleeve rompers.
	<input type="checkbox"/> 5 pairs mittens and socks	
	<input type="checkbox"/> 5 small handkerchiefs (for burping)	
	<input type="checkbox"/> 5 baby bibs	Not so important for newborn as they don't drool yet.
	<input type="checkbox"/> 2-3 receiving blanket/ swaddle	Muslin wrap is recommended <a href="#">Preferred brand: Love to swaddle</a>
	<input type="checkbox"/> Baby laundry detergent	<a href="#">Preferred brand: Babience and Kodomo</a>
For bath/ diaper changing	<input type="checkbox"/> 2-3 bathing towels	
	<input type="checkbox"/> 2 wash cloth	
	<input type="checkbox"/> Body soap and shampoo	<a href="#">Preferred brand: Young living</a>  Hospital bag has lots of samples which can last more than a month. Can buy after trying the samples. Babies don't use a lot of soap.
	<input type="checkbox"/> Body lotion	<a href="#">Preferred brand: Ceradan</a>  Read my eczema cream post here
	<input type="checkbox"/> Cotton balls	Any brand will do. For cleaning eyes.
	<input type="checkbox"/> Diaper rash cream	<a href="#">Preferred brand: Mustela for normal preventive use, Desitin if there is rashes.</a>
	<input type="checkbox"/> Wet wipes	<a href="#">Preferred brand: Jeju wet wipes</a>
	<input type="checkbox"/> Disposable diapers	<a href="#">Preferred brand: Peekaboo (soft and leak proof) and drypers touch (more wallet friendly)</a>  Hospital will be giving one pack upon discharge. No need to buy too many in case baby sensitive to certain brands.
	<input type="checkbox"/> Alcohol swabs	For umbilical cord cleaning ( <i>hospital will be giving some which should be sufficient</i> )
	<input type="checkbox"/> Bath tub	Hospital might give
	<input type="checkbox"/> Changing mat	Hospital gave two mats
<input type="checkbox"/> Yuyee oil	<b>Optional</b>	
For feeding	<input type="checkbox"/> Feeding bottles	Current brand: Avent Never try other brands before.

	<input type="checkbox"/> Bottle brush	Usually comes with newborn bottles set
	<input type="checkbox"/> Bottle detergent	<a href="#">Preferred brand: Pureen</a>
	<input type="checkbox"/> Steriliser	There are 3 types of sterilizers: Steam, UV and tablet. Tablet is too troublesome. Recommend steam or UV. Read my post on why I don't recommend Avent brand. Can also do the traditional method: pour hot water over the bottles.
	<input type="checkbox"/> Electric bottle warmer	Optional Highly recommended to get as it is very convenient. However, can also do the traditional method. Pour hot water in a cup to warm bottle.
	<input type="checkbox"/> Thermal flask	To store hot water to warm breastmilk, or make formula milk on the go.
	<input type="checkbox"/> Formula powder container	For formula fed babies. To bring formula powder out.
	<input type="checkbox"/> Thermal bag	To bring breastmilk out. Got mine from Daiso
	<input type="checkbox"/> Ice pack	
For sleep	<input type="checkbox"/> Baby cot, mattress and linen sheets (bumper is optional)	Personal preference to get cot or playpen.
	Or Playpen	Some parents do not buy any as they choose to co-sleep.
	<input type="checkbox"/> Beansprout pillow	Good for reducing startle reflex
For commute	<input type="checkbox"/> Pram	
	<input type="checkbox"/> Carrier	<a href="#">Preferred brand: Soul Anooona and Tula</a>
	<input type="checkbox"/> Car seat	<b>Optional</b>
For breastfeeding	<input type="checkbox"/> Breast Pump	<a href="#">Preferred brand: Spectra S1 for daily use, S9+ for on the go.</a>
	<input type="checkbox"/> Breast pump flange	<b>Maymom</b>
	<input type="checkbox"/> Nursing bra	For easy breastfeeding
	<input type="checkbox"/> Breast pad	<b>Optional</b>
	<input type="checkbox"/> Nursing cover	Hospital gave two
	<input type="checkbox"/> Breastfeeding pillow	<b>Optional</b> <a href="#">Preferred brand: My breast friend</a>
	<input type="checkbox"/> Breastmilk storage bags/ containers	Bags take lesser space, can buy after supply stabilises.
For play	<input type="checkbox"/> Rocker/ bouncer	<b>Optional</b> although I think bouncer helps prevent flat head.
	<input type="checkbox"/> Playmat	Newborns don't really play yet but a playmat will be needed soon anyway. <a href="#">Preferred brand: Parklon</a>

Others	<input type="checkbox"/> Nail scissors	Preferred brand: Pigeon
	<input type="checkbox"/> Thermometer	I use Guardian oral thermometer. Cheap and good. Infrared thermometer is not accurate, newborns can just measure under armpit.
	<input type="checkbox"/> Pacifier	Optional

### Unnecessary Items

	Item	Remarks
Clothes & accessories	Beanie	Babies hate to have things on their head and Singapore is too hot for that. Even in air-con places, most babies do not need beanie. Hospital will be giving one.
	Laundry softener	Why introduce more chemicals to the baby?
For bath/ diaper changing	Baby massage oil	I use body lotion as massage oil. Read my post on why baby oil is harmful.
	Baby powder	Dangerous! Baby can breathe in the powder and cause irritation. Talc containing powder is also carcinogenic.
	Hair comb	Baby hair so little, can just use fingers to brush.
	Non-slip mat for bath tub	Just hold your baby during bath! Never leave baby unattended even for one second. Babies can drown in 5 cm deep water!
	Diaper organiser/ holder	Just use any recyclable box or basket. Nobody got time to organise diapers!
	Changing table	Babies will outgrow this very fast. Before you know it, diaper changing is a WAR!
For sleep	Pillow, bolster, blankets, soft toys	SIDS risk. I only swaddle baby and give one beansprout pillow.
For feeding	Thermal travel Bottle warmer	I prefer the traditional way: bring thermal flask and container. Just pour hot water into container to warm.
For breastfeeding	Nipple cream	Breastmilk is the best nipple cream!